

FRESUBIN® ENERGY FIBRE DRINK

DESCRIPTION

A flavoured liquid consisting of protein (milk), carbohydrate (maltodextrin, sucrose), vegetable oils (rapeseed and sunflower oils), dietary fibre (inulin, wheat, dextrin and cellulose), vitamins, minerals and trace elements. Lactose and gluten free.

PRESENTATION

Fresubin® energy fibre Drink is a high energy, nutritionally complete sip feed containing fibre. Fresubin® energy fibre Drink is ready to use and presented in 200ml bottle. Fresubin® energy fibre drink is available in a choice of 6 flavours: Vanilla, Strawberry, Chocolate, Banana, Cherry, Caramel.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED
NOT SUITABLE FOR INFANTS UNDER ONE YEAR OF AGE
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE

INDICATIONS FOR USE

Fresubin® energy fibre Drink is suitable as a nutritional supplement or as a sole source of nutrition for patients who are at risk of malnutrition.

Fresubin® energy fibre Drink is prescribable on FP10/GP10 for the following indications: short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulae, disease related malnutrition.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: 4 x 125ml bottles per day will provide 1200 kcal, 44.8g protein and meet requirements for all essential micronutrients* (excluding electrolytes).

* Dietary Reference Values for food, energy and nutrients for the UK, DH 1991.

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

24 x 200ml bottles.

SHELF LIFE

12 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 15% Fat 35% Carbohydrate 47.3% Fibre 2.7%

ORDER CODES

Vanilla 7022601	Banana 7023601
Strawberry 7020601	Cherry 7025601
Chocolate 7269601	Caramel 7024601

Kosher* and Halal approved (*not for passover)

INGREDIENTS

Vanilla

Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), cellulose, flavouring, potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₁, vit. B₂, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, potassium iodine, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Strawberry

Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, glucose syrup, inulin (from chicory), flavourings, cellulose potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), colouring food: beetroot powder, sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₁, vit. B₂, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, potassium iodine, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Chocolate

Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, cocoa powder (fat reduced), wheat dextrin, inulin (from chicory), flavouring, sodium citrate, emulsifiers (soya lecithin, E471), stabilisers (E460, E466, E407), sodium chloride, potassium citrate, potassium chloride, vit. C, cellulose, choline chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₁, vit. B₂, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, potassium iodine, sodium molybdate, sodium selenite, chromium chloride, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Banana

Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), cellulose, potassium citrate, flavourings, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₁, vit. B₂, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, potassium iodine, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Cherry

Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), flavourings, cellulose, potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, colouring food: beetroot powder, potassium chloride, vit. C, choline chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₁, vit. B₂, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, potassium iodine, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Caramel

Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), flavourings, cellulose, potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₁, vit. B₂, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, potassium iodine, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Date of Preparation:
June 2018

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300 (1260)
PROTEIN g	5.6	11.2
CARBOHYDRATE g	17.8	35.6
Of which sugars g	5-6.41	10-12.81
Of which lactose g	≤0.252 / ≤0.26	≤0.50 / ≤0.52
FAT g	5.8	11.6
Of which saturated fatty acids g	0.4, 0.52	0.8, 12
Of which monounsaturated fatty acids g	8.8, 3.72	7.6, 7.22
Of which polyunsaturated fatty acids g	1.6	3.2
FIBRE g	2	4
SALT g	0.2/0.212	0.4/0.422
WATER ml	78	156
OSMOLARITY mosmol/l		390-4401
OSMOLALITY mosmol/kg H ₂ O		510-5801

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	80(3.5)/85(3.7)	160(6.8)/170(7.4)2
POTASSIUM mg (mmol)	135(3.3)/140(3.6)2	270(6.6)/280(7.2)2
CHLORIDE mg (mmol)	100 (2.8)	200 (5.6)
CALCIUM mg (mmol)	135 (3.4), 1302 (3.2)	270 (6.8), 2602 (6.4)
PHOSPHORUS mg (mmol)	80 (2.6), 852 (2.7)	160 (5.2), 1702 (5.4)
MAGNESIUM mg (mmol)	21 (0.8), 242 (0.9)	42 (1.7), 442 (1.8)
IRON mg	2	4
ZINC mg	1.5	3
COPPER µg	300	600
MANGANESE mg	0.4	0.8
IODINE µg	30	60
CHROMIUM µg	10	20
MOLYBDENUM µg	15	30
FLUORIDE mg	0.2	0.4
SELENIUM µg	10	20

VITAMINS AND OTHER COMPONENTS	Per 100ml	Per 200ml
VITAMIN A µg RE	120	240
BETA-CAROTENE µg	300	600
VITAMIN D µg	2	4
VITAMIN E mg αTE	3	6
VITAMIN K µg	16.7	33.4
VITAMIN B1 mg	0.23	0.46
VITAMIN B2 mg	0.32	0.64
NIACIN mg NE	3	6
VITAMIN B6 mg	0.33	0.66
VITAMIN B12 µg	0.6	1.2
PANTOTHENIC ACID mg	1.2	2.4
BIOTIN µg	7.5	15
FOLIC ACID µg	50	100
VITAMIN C mg	15	30
CHOLINE* mg	26.7	53.4

TYPICAL FATTY ACID PROFILE	g Per 100ml
C16 Palmitic acid	0.28, 0.32
C16:1 n-7 Palmitoleic acid	0, 0.0012
C18 Stearic acid	0.14, 0.192
C18:1 n-9 Oleic acid	3.57, 3.482
C18:2 n-6 Linoleic acid	1.13, 1.092
C18:3 n-3 alpha-Linolenic acid	0.43, 0.412
Ratio n-6:n-3	2.6:1

TYPICAL AMINO ACID PROFILE	g Per 100ml
ESSENTIAL	
Lysine	0.46, 0.452
Threonine	0.26, 0.252
Methionine	0.16, 0.152
Phenylalanine	0.28
Tryptophan	0.08
Valine	0.39
Leucine	0.55, 0.542
Isoleucine	0.31, 0.302

CONDITIONALLY ESSENTIAL	
Tyrosine	0.31, 0.302
Cysteine	0.03, 0.042
Histidine	0.16, 0.152
Arginine	0.20, 0.212
Glutamine	0.50, 0.472
NON-ESSENTIAL	
Glycine	0.11
Alanine	0.18
Proline	0.56, 0.542
Serine	0.33, 0.322
Glutamic acid	0.71
Aspartic acid and asparagine	0.58, 0.572
Choclate	

TYPICAL CARBOHYDRATE PROFILE				
STRA	CHOC	VAN	BAN	CHER
Glucose	0.21	0.21	0.22	0.26
Fructose	0.06	0.07	0.07	0.07
Maltose	0.30	0.29	0.32	0.32
Sucrose	5.04	5.53	4.53	4.10
Lactose	≤0.25	≤0.26	≤0.26	≤0.26
Other Polysaccharides	11.39	11.39	12.35	12.74

VAN (Vanilla), CHOC (Chocolate), STRA (Strawberry),
BAN (Banana), CHER (Cherry), CAR (Caramel)

- Depending on flavour
- Chocolate